

Sustrans School Programme

Behind the Handlebars Haiku!!



Suitable for: Key stage 2 (7 to 11 years old)

You will learn what a haiku is and make your own haiku poster about a cycling adventure.

You will need

- Imagination
- Paper and pen
- Colours

Extra activity

Add some top tips for people who want to start cycling below your haiku.



What is a Haiku?

A haiku is a type of Japanese poem. It is very simple because it only has three lines. The only rule is about the number of syllables in each line:

Five in the first line
Seven in the second line
Five in the last line

(This is a haiku itself!)

Here is another example:

Being bright with light
In the night with my flash light
On my flashing bike



Instructions:

- Pretend that you are on a bicycle adventure. Maybe you have climbed a mountain and have a fantastic view from behind the handlebars. Or maybe you've cycled along by the sea, or through a busy city in another county.
- Create your own haiku about this experience – the Behind the Handlebars Haiku!
- Think about the views, and what you would hear and smell. Also how you would feel? Example:

To the top we go
Amazed by the nature scenes
All by riding bikes



Extra activity

Add some top tips for people who want to start cycling below your haiku.



Example Haiku Poster

The High Visibility Haiku

(Complete with poster and top tips!)



Now try your own Behind the Handlebars Haiku!

