



Dear Parent / Carer

I thought I would write to you to bring you up to date on our Personal Development (PSHE) programme from the Summer term.

It has most definitely been a very busy term for Personal Development. Students have been educated on important topics such as financial education, laws in relation to consent and relationships, sex education. In order to further prepare our year 10 students for work experience, students also covered topics on employment rights and responsibilities.

Since September, the Personal Development lessons have been delivered by tutors, every other week (week A) on a Wednesday period 5 and students continue to access further support & information through the pastoral programme.

Throughout the programme, The Purbeck School pupils continue to develop the knowledge, skills and qualities required to manage their lives, now and in the future. These skills and characteristics will help pupils to stay healthy, safe and prepare them for life and work in modern Britain.

As a reminder, the core themes which are covered across the year include the following:

- Health and wellbeing
- Living in the wider world
- Relationships

We have also had many fantastic opportunities offered to us outside of the timetabled lessons; we have welcomed 'The Amy Winehouse foundation' in to school who shared their lived experiences with students; Joe & Antonia talked through many of the challenges they have faced in their lives, the triggers for these challenges and the importance of healthy coping strategies.

We have also had 75 students across years 7-12 complete workshops with Street Doctors; Street Doctors are a movement of young healthcare volunteers who train young people with first aid to become lifesavers in the community; the sessions focussed on how to 'stem bleeding,' phone for an ambulance and use the recovery position.

Within our tutor programme, students have also had assemblies by MYTIME Young Carers who spoke to students about what it means to be a Young Carer and the fantastic work that the charity does. We also have had assemblies linked to Pride month, exploring the idea of inclusivity, safe spaces and open conversations. We are also looking forward to welcoming the RNLI into school next week who are going to talk to students about water safety and staying safe at the beach.

You may remember that back in September, staff at The Purbeck School received some fantastic training delivered by Bold Voices who are an award-winning social enterprise who focus on learning, discussing and tackling gender inequality. At the end of June, Bold Voices completed some further training on supporting staff to understand the behaviours and cultures that lead to gender inequality and to become more comfortable with challenging language, attitudes and behaviours around school. We are have also embedded Bold Voices within our tutor programme and now, each week, students have the opportunity to discuss important topics, such as toxic masculinity, racism, online bullying and neurodiversity, with their tutors and tutor groups.



# The Purbeck School

Achieving Excellence Together

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I strongly encourage all parents / careers to access the Personal Development overview which can be accessed here <https://www.purbeck.dorset.sch.uk/information/curriculum/pshe/> to further understand the content covered addressed, which at times can be hard hitting and sensitive.

If you have any questions about the programme, please do not hesitate to contact me.

Kind Regards

Carly Watson



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MULTI-ACADEMY TRUST  
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*Kindness, Aspiration, Perseverance*

