



Dear Parent / Carer

I thought I would write to you all to bring you up to date on the Personal Development (PSHE) programme this term.

Students throughout the term have been educated on important topics such as drugs & alcohol, managing relationships, mental health and substance misuse. Given the current climate which we find ourselves in, there rightly so is a focus around student mental health alongside physical and emotional wellbeing. The Personal Development lessons have been delivered by tutors, every other week (week A) on a Wednesday period 5 and students continue to access further support & information through the pastoral programme.

Throughout the programme, The Purbeck School pupils continue to develop the knowledge, skills and qualities required to manage their lives, now and in the future. These skills and characteristics will help pupils to stay healthy, safe and prepare them for life and work in modern Britain.

Throughout the last term, we have been lucky enough to work with a range of outside agencies and companies who have visited our school to compliment the Personal Development Curriculum. Our KS4 students have had awareness talks from the Armed Response Team within Dorset Police; KS3 & KS4 students had talks from the charity Oddballs who were raising awareness of testicular cancer and the importance of self-screening; the Army have visited the school to work with our KS3 students on communication and team work skills and our year 10 students have had talks on managing relationships and safe sex.

As a reminder the core themes which are covered across the year include the following:

- Health and wellbeing
- Living in the wider world
- Relationships

I strongly encourage all parents / careers to access the Personal Development overview which can be accessed here <https://www.purbeck.dorset.sch.uk/information/curriculum/pshe/> to further understand the content covered which at times can be hard hitting and sensitive.

If you have any questions about the programme, please do not hesitate to contact me.

Kind Regards

Carly Watson